

# IBEW LOCAL 18 Body Scan Program



Included in your Anthem Blue Cross Medical Plan

## What is the Body Scan Program?

The Body Scan is a comprehensive preventive screening which consists of two main components – the scan, and the comprehensive physician consultation/scan review. The scan takes place on the BSI Mobile Telemedicine Van, which travels to numerous locations (please see “Scan Locations” below), and the physician consultation can take place virtually anywhere with our WebEx video teleconferencing portal. Specific components of the BSI program include:

- Screening CT scan of the torso from the top of the cervical spine through the pelvis, including a cardiac gated scan of the heart, and calcium scoring of the Coronary Arteries (aka “The Heart Scan”), Carotid Arteries, and Aorta.
- Routine virtual laryngoscopy, virtual bronchoscopy, and virtual gastroscopy.
- Routine inclusion of 3-Dimensional reconstruction of the above, as well as 3-D imaging of the spine, important for physician diagnosis and patient education.
- Evaluation of the lungs for cancer, emphysema, and other lung diseases, including routine macroscopic primary air lobe imaging showing the earliest changes of smoke damage.
- Screening for over 20 additional types of cancer, including renal (kidney), thyroid, stomach and lymphoma.
- Screening for anatomic findings indicative of diabetes/prediabetes.
- Bone Mineral Density measurement using Quantitative Computerized Tomography (QCT) to assess for osteopenia/ osteoporosis.
- A minimum 45-minute comprehensive patient consultation with personal scan visualization conducted by a Board-Certified Radiologist (Physician), who is a graduate of an American medical school and highly experienced in body CT imaging utilizing the above techniques, with additional training in patient education and motivation.
- Comprehensive 7-8 page patient report, covering each area scanned with individualized recommendations.
- Pre-physician consultation video education enabling patients to fully grasp the concepts and gain the most from their experience.

## How much does the Body Scan Program cost?

The Body Scan program is no cost to IBEW Local 18 members and spouses/domestic partners enrolled in an IBEW Local 18-sponsored Anthem Blue Cross medical plan (a \$1,995 value). Enrolled IBEW Local 18 members and their enrolled spouses/domestic partners have access to a fully-covered Body Scan every 12 months.

It is available when the primary insured has the L18 Anthem plan as their primary insurance (they can be “early retired - before 65 - and have a covered Body Scan, or work past 65 and have the Body scan covered, **as long as they do not have Medicare as their primary insurance**).

## What isn't the Body Scan Program?

- A replacement for an annual physical
- A replacement for a mammogram
- A replacement for a PSA test
- A follow-up for individuals with metastatic disease
- A Measurement of Blood Flow
- A visualization of the colon and small intestine
- A visualization of gallstones without calcification
- A visualization of the ovaries (dependent on the individual anatomy of the patient)
- A resource for the detection for very early prostate abnormalities

A scan location calendar is also available on the scheduling page:  
[www.bodyscanintl.com](http://www.bodyscanintl.com)

## How can I make an appointment?

Simply call (877) BSI-5577 or visit [www.bodyscanintl.com](http://www.bodyscanintl.com) to schedule an appointment. Body Scan International provides service at the IBEW Local 18 headquarters routinely. Body Scan International also regularly provides service in other locations, including Monterey Park, Commerce, San Fernando, Newport Beach, with annual visits to Central and Northern California.