



How to Access and Use the Optum Behavioral Health Provider Search Tool

1. Visit <u>www.liveandworkwell.com</u>, navigate to "Browse with an access code", and enter the access code: **IBEW18.**

| Care and support for your emotional wellbeing | |
|---|--|
| Enter your access code here 0 | |
| Don't know it? Browse by company | |
| IBEW18 | |
| Or sign in with HealthSafe ID > | |
| | |
| | |

2. Select the "Get care" option.



Please note, you are not required to be assigned to behavioral health provider or behavioral health group for any of the IBEW Local 18-Sponsored plans.





3. Select "Find a provider" and choose the blue "Search for a provider" link.



4. Search for a behavioral health provider by name, condition etc. Make sure your **zip code** is accurate.

| Need to speak with someone? Get help now | | | |
|---|--|--|--|
| What type of Behavioral Health Care can we help you find near: | | | |
| Los Angeles, CA 90019 | | | |
| Change Location > | | | |
| Search for providers and services | | | |
| Frequent Searches Psychologist > Anxiety > Therapists > Depression > | | | |
| Psychologist > Milkiety > Hierapists > Depression > | | | |

5. Select the More Filters option to add additional search criteria such as language, gender, religion etc.

| Find Care Saved Providers | More Filters |
|--|--|
| 20,031 In-Network Providers Within 100 Miles Los Angeles, CA 90019 Change Location> | Accessibility |
| Filter Options Provider Name Virtual Vialts EAP Services More Filters Clear Filters | Public Transportation Access (5526) Wheelchair Access (4054) |
| Consider a Virtual Care Session | Parking (1898) |
| Based on your search, we found in-network virtual care providers licensed in your state. Virtual Care offers convenient, visits with eligible providers. Access these providers by following the link shown. | Restroom (1752) |
| View Providers Control of Control | + Show more options |

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