



## How to Use the Optum Behavioral Health Provider Search Tool

1. Access the site at [www.liveandworkwell.com](http://www.liveandworkwell.com), navigate to "Browse as a guest with a company access code", and enter your access code: **IBEW18**

Welcome, guests.

Enter your guest access code for a quick look around this site. If you like what you see, [register](#) and [sign in](#) for the full user experience.

Guest Access Code (required) \* ⓘ

IBEW18

Enter

[Back](#) | [Forgot your access code](#)

2. Click **Find** at the top of the page. Then select **Provider Directory** in the drop down.

Optum | Live and Work Well

Language | Sign In | Register

Home Find Care Benefits & Services Manage Claims Explore & Learn Crisis Support

Explore Care Options

Provider Directory

Virtual Visits

Search

18 Members! For confidential help call 1-877-449-6710

with stress, mental substance use and more.

**What can your EAP do for you?**

A lot! Find out how to take advantage of your Employee Assistance Program (EAP) benefits. Learn how to get no-cost counseling visits.

[Go to EAP benefits](#)

Call [1-877-449-6710](tel:1-877-449-6710)

**Build a care team for your whole self**

To get the most out of therapy, learn how to connect your care team and find a therapist who's right for you.

[Get care team tips](#)



3. Search for a behavioral health provider by name, condition, etc. Make sure your **zip code** is accurate.

Optum | Behavioral Health Provider Directory

Language ▾

Find Care Saved Providers

Need to speak with someone? [Get help now](#)

## What type of Behavioral Health Care can we help you find near:

Los Angeles, CA 90019

[Change Location](#)

Search for providers and services [Search](#)

### Frequent Searches

[Psychologist](#) [Anxiety](#) [Therapists](#) [Depression](#)

### Find Care by Category

**People**  
Psychiatrists, psychologists and clinicians

**Places**  
Hospitals and clinics with specific programs

**Services**  
Treatments, and services

**Conditions**  
Anxiety, depression, substance use disorder

**Cost Estimates**  
See what you could owe before you get care

4. Select the **More Filters** option to add additional search criteria such as language, gender, religion etc.

Find Care Saved Providers

PROVIDERS FACILITIES

11,793 In-Network Providers Within 100 Miles Los Angeles, CA 90019

[Change Location](#)

Filter Options

[Provider Name](#) [Patient Reviews](#) [More Filters](#) [Clear Filters](#)

### Consider a Virtual Care Session

Based on your search, we found in-network virtual care providers licensed in your state. Virtual Care offers convenient, private and cost-effective visits with eligible providers. Access these providers by following the link shown.

[View Providers](#)

**Debnath, Shameer, MD**  
Psychiatrist (Physician)

4221 Wilshire Blvd Ste 455  
Los Angeles, CA 90010  
1.1 Miles Away | [Get Directions](#)

(626) 683-9158 Phone  
711 TTY  
[Additional Locations \(9\)](#)

Accepting All Patients  
In-Network Provider  
★★★★★ (5)

### More Filters

#### Accessibility

[Filter accessibility](#)

- ☐ Public Transportation Access (5373)
- ☐ Wheelchair Access (4942)
- ☐ Parking (2369)
- ☐ Restroom (2241)

[Show more options](#)

#### Conditions Treated

[Filter conditions treated](#)

- ☒ Anxiety (11793)
- ☐ Depression (11023)
- ☐ Post Traumatic Stress Disorder (PTSD) (7663)
- ☐ Mood Disorders (7621)

[Clear](#) [Apply](#)